

# 2009 National Masters Championships Entry Form

(register separately for Tour of Anchorage at [www.TourofAnchorage.com](http://www.TourofAnchorage.com))

Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Age on 12/31/2008 \_\_\_\_\_

Gender \_\_\_\_\_ Club, Team, or Hometown for Results \_\_\_\_\_ Email address \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Races: \_\_\_\_\_ Fees: \_\_\_\_\_

3/5 10K Classic \_\_\_\_\_ = \$30.00\* \*(OR \$25 for current NSAA or AXCS member)

3/6 Sprint Relay \_\_\_\_\_ = \$30.00\* \*(OR \$25 for current NSAA or AXCS member)

**Both Races \_\_\_\_\_ = \$55.00\* \*(OR \$45 for current NSAA or AXCS member)**

Nordic Skiing Association of Anchorage, Inc., American Cross Country Skiers (AXCS) and The 2009 U.S. Masters Championships ASSUMPTION OF RISK, RELEASE OF LIABILITY AND INDEMNITY AGREEMENT READ BEFORE SUBMITTING I understand that cross country skiing, as well as preparation for participation in nordic competitions, involves many RISKS, DANGERS and HAZARDS. These risks, dangers and hazards include, but are not limited to, changing weather and snow conditions, variations in steepness or terrain, natural and man-made obstacles and structures, equipment failure, collisions with objects or structures, being struck by skiers/riders or equipment, and exceeding ones own abilities. I further understand that ski training and competition may be more hazardous than recreational skiing. I understand that INJURIES OF ALL TYPES ARE A COMMON AND ORDINARY OCCURRENCE of the Activities. I know that the risk of SEVERE INJURY and even DEATH exists in all training and competition locations and activities. I also know that personal training, coaching, instruction, supervision and enforcement of rules by the Nordic Skiing Association of Anchorage, Inc., American Cross Country Skiers (AXCS) and The 2009 National Masters Championships, their subsidiaries, affiliates, officers, directors, volunteers, employees, coaches, contractors, sponsors and representatives, (hereinafter collectively NSAA) cannot guarantee my safety. With full knowledge and understanding of the RISK OF SEVERE INJURY AND DEATH involved in ski training and competition, I FREELY AND VOLUNTARILY ACCEPT AND FULLY ASSUME THE RISK THAT I MAY SUFFER TEMPORARY, PERMANENT OR EVEN FATAL INJURIES, even if I follow the instructions or advice of NSAA. In partial consideration of NSAA's acceptance of my entry, and in spite of the risk of severe or permanent injury, or even death, the undersigned (hereinafter Entrant) agrees to comply with and be bound by the following terms at all times, whether training or participating for competition, or in competition, including the 2009 National Masters Championships. 1. Entrant hereby unconditionally WAIVES AND RELEASES ANY AND ALL CLAIMS, AND AGREES TO HOLD HARMLESS, DEFEND AND INDEMNIFY NSAA FROM ANY CLAIMS, present or future based on injury or damage to Entrant or his/her property, including any loss, damage, expense, or injury (including DEATH), suffered by Entrant arising out of, from or in connection with Entrants participation in The 2009 National Masters Championships, due to any cause whatsoever, INCLUDING NEGLIGENCE and/or breach of express or implied warranty on the part of NSAA. 2. Entrant hereby RELIEVES NSAA OF ANY DUTY TO PROTECT ENTRANT FROM HARM in connection with The 2009 National Masters Championships. 3. Entrant authorizes NSAA to obtain medical care for, or transport him/her to a medical facility or hospital if, in the opinion of NSAA, medical attention is required and Entrant is unable to make such decisions for himself/herself. Entrant agrees to pay all costs associated with such medical care and related transportation and shall DEFEND, INDEMNIFY AND HOLD HARMLESS NSAA of and from the consequences of such decision and from any such costs incurred relating to the provision of medical care. 4. This Agreement shall be construed in accordance with, and governed by the substantive laws of, the State of Alaska, without reference to principles governing choice or conflicts of laws. In addition, Entrant agrees that all lawsuits for personal injury or related loss against NSAA must be maintained in state courts or federal district courts sitting in Anchorage, Alaska, and Entrant consents and agrees that jurisdiction and venue for such proceedings shall lie exclusively with such courts. In the event any portion of this release is found to be unenforceable, the remaining terms shall be fully enforceable. HAVING CAREFULLY READ THE FOREGOING AND UNDERSTANDING IT TO BE A LEGALLY BINDING RELEASE AND INDEMNITY AGREEMENT, ENTRANT SIGNIFIES HIS/HER ASSENT TO THE ABOVE TERMS BY ACCEPTING THE AGREEMENT AND SIGNING UP FOR THE EVENT.

Print Name Legibly \_\_\_\_\_ Date \_\_\_\_\_ Signature \_\_\_\_\_

**Entry form must be received by 5 pm March 4 at:  
NSAA, 203 W. 15<sup>th</sup> Ave, Ste. 204, Anchorage, AK 99501**